

Come and celebrate our efforts to preserve and restore the biological integrity and beauty of the San Diego River.

LAKESIDE'S RIVER PARK CONSERVANCY

9th Annual San Diego River Run 5k*!

Saturday, May 14, 2016, 3:30pm



Restore the River:

Event proceeds benefit the efforts to restore Lakeside's River Park here in East County.

We hope to raise **\$25,000** which will help us get closer to our overall goal of being part of the 52-mile San Diego River Trail.

Beautiful Course:

The 5K course will be finalized closer to date to take into consideration pending wet weather. The route will showcase the diversity of the trails along the San Diego River and also highlights Santee's recreational amenities.

Event Highlights:

Entry includes a t-shirt, refreshments and the chance to enjoy City of Santee's River Park Festival after the race! **Dogs on leashes are welcome!**

Register:

Complete the paper entry form or register online at www.active.com and search for "San Diego River Run 5k". Race day registration and t-shirt pickup is from 2:30 – 3:15pm. Race starts at 3:30pm.

For more info and vendor/sponsorship opportunities, call (619) 443-4770 or email events@laksideriverpark.org

*Bike rally has been removed for this year in consideration of pending weather and the health of the trail.

San Diego River Run 5k Run/Walk – Saturday, May 14, 2016

ENTRY FORM (One entry form per participant. Please print clearly.)

Individual Registration **OR** Team Name _____

First Name _____ Last Name _____

Address _____

City _____ State _____ Zip _____

Email _____ Phone _____

GENDER Male Female

AGE ON 5/09/2016 _____ DATE OF BIRTH ____/____/____

(To determine age group)

UNISEX SHIRT S M L XL XXL **OR** YOUTH SHIRT M (10/12)

(T-Shirt Size not guaranteed.)

WAIVER MUST BE SIGNED OR APPLICATION WILL BE REJECTED: In consideration of acceptance of my entry, I hereby agree for myself, my heirs, executors, administrators and assignees that I shall indemnify and hold harmless from any and all claims, demands, actions or suits arising out of or in connection with my participation in the San Diego River Run 5K Run and Walk and related events, Lakeside's River Park Conservancy, the County of San Diego, the City of Santee, William F. Hanlon, Successor Trustee of the Evalyn W. Hanlon Living Trust, Eric George Walker, Frederic B. Walker IV, Darby Jean Walker Prell, Douglass McManigill and Robin F. McManigill, as Trustees under the McManigill Family Trust, Sally Fay Peck, and their employees, officers, officials, volunteers and all agencies whose property and/or personnel are used, and other sponsoring or co-sponsoring company(ies), agency(ies) or individual(s). I attest that I have full knowledge of the risks involved in this event and am aware that I may be exposed to injury attendant to running along a trail or road. I certify that I am in good condition and am able to safely compete in this event. I permit the use of my name and pictures in broadcasts, telecasts, newspapers, brochures, etc. I understand that the entry fee and bib number is non-refundable and non-transferable. As a participating athlete I certify that all information provided in this form is true and complete. I have read the entry information provided for the event and certify my compliance by my signature below.

Participant's Signature _____ Date _____

(All participants must sign the waiver. Parent/Guardian signature if under 18)

Entry Fees: (Check appropriate box)

Postmark by 4/14/16

Adult Registration.....\$30
 Youth 17 & Under.....\$15

Postmark 4/15 – 5/13/2016

Adult Registration.....\$35
 Youth 17 & Under.....\$20

Race Day:

Adult Registration.....\$40
 Youth 17 & Under.....\$25

Breakfast:

Food will be available for purchase at the River Park Festival.

Total \$ _____
Add'l Donation to LRPC \$ _____
AMOUNT ENCLOSED \$ _____

*For teams of 20+ people, a discount of \$5 will be applied to each registrant.

Make check payable to LRPC and mail to:

Lakeside's River Park Conservancy
Attn: San Diego River Run
12108 Industry Rd
Lakeside, CA 92040